

## BAMPTON

A Cotswold tradition with only hanky dances, no sticks.

### Stepping

Start left foot (both halves), **single** stepping.

Single stepping: hankies thrust forward from mid-chest with left foot, ie on first and third beat.

Back steps are also single steps with swaggering hankies. Left arm swings across front of body while stepping onto left foot. Right arm swings across front of body while stepping onto right foot.

Side steps – l r l hop. The right foot should come across behind the left with the heel quite high. And vice versa on right-footed repeats.

Plain capers – leap from one foot to the other For single capers, hands as in half capers. For repeated (4x) capers, arms do big circle at the side for each caper.

Half capers – these are forays ie take off from left and land on right then do a hop on the right (Lrr). Hands come up together to aid lift.

### Figures

Once to yourself – come in with a single caper (NB some sides come in with back steps).

1: foot up and down (turning out on caper)

2: ½ gip

3: whole gip (face partner, hankies out more sideways than usual)

4: ½ rounds (easy way in; use first backstep to change direction – facing out – but still backing clockwise)

## BONNY GREEN GARTERS

A popular all-in dance. (Also used by MMM for hanky processional.)

All the figures first.

Then led by number one, alternately sidestep chorus (start with left) and foray (half) caper chorus in big circle. 8 of each. After doing one lot of each, the musicians come into the centre and the dancers go round them with another lot of sidesteps and forays finishing all facing in on last foray.

Music: Bonny Green Garters. Usual to start on Bampton Tune in D for figures then Headington Tune (AB) repeated for rounds chorus.

## HIGHLAND MARY

Single side step and half hey dance.

Chorus: Face up, side step (diagonally left) with hanky swirling low downwards x2, side step (diagonally right) with hanky swirling high upwards (now in opposite direction ie brushing hair forwards), turn down all turning over right shoulder and repeat facing down, then ½ hey, and repeat.

Music: Highland Mary (1A 2B) x4 (or The Quaker, Brighton Camp, Nutting Girl, Jenny Lind, or Speed the Plough or a good modern tune: African Patrol).

## ROSE TREE

Corner dance. 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>. 1<sup>st</sup> chorus 2 side steps to middle turn 2 ss back to place. In place 1 ss left 1 ss right, 4 plain capers. All do capers.

2<sup>nd</sup> chorus 4 ss to opposite's place 1 ss left 1 ss right 4 pc.

3<sup>rd</sup> chorus cross back to own place.

Music: Rose Tree 1A (1A3B) x3 then 1A

Other dances:

### **TRUNKLES**

A corner dance with a challenge and immediate crossing. 1<sup>st</sup>, 2<sup>nd</sup> 3<sup>rd</sup> corners do both their bits in turn.

Every chorus starts with: (challenge) 2 side steps (left foot first) to middle of set to meet corner, 2 back steps back to place, half caper (foray), then,

First crossing: 2 ss to middle, turn 2 ss back to place, then all do 4 plain capers.

2<sup>nd</sup> crossing: cross to opposite corner (middles have time to go round each other) then all do 4 plain capers

3<sup>rd</sup> crossing: cross back to original place (middles have time to go round each other) then all do 4 plain capers

Music: Trunkles 1A (1A3(BC)) x3 then 1A

### **SHEPHERDS HEY**

Unique Foot Up & Down with cast off. 1+2 only dancing, then cast out walk to bottom & face down. 2+4 then 5+6 repeat. Then foot down as above, with same order of people. No heys.

Other figures normal. Choruses: corners crossing; either as in Rose Tree (8 bars per person), or faster version only 2 bars ss to cross set and 2 back steps and all do 1pc.

### **BAMPTON SIDE STEP**

Long side step and half hey dance. Chorus:- face up first time, side step diagonally forward and left with left foot and arm lead LRLR, then double step on the spot facing forward LRL HOP, turning down on hop, side step moving diagonally down and right with right foot and arm lead RLRL, then double step on spot, RLR HOP, straight into half hey, with left foot and arm lead, tops and bottoms turning out. Repeat facing down.

Music:- Old Tom of Oxford (can also use Johnny's so Long at the Fair, the Forester, or Lumps of Plum Pudding)

### **STEP AND FETCH HER**

Chorus:- start left foot, 4 half capers across set passing right, turning right on last caper. 4 side steps back to place, turning right on last one. Whole hey, with a caper half way.

Other Bampton dances include Webley Twizzle, Furzefield, Constant Billy.

